



Vote for my Name / Stem vir my Naam

Issue 2 - April 2020

CORONAVIRUS OUTBREAK

Corona, die woord op almal se lippe. Die woord wat jou lewe, soos jy dit tot nou toe geken het, verander. Almal is tot hul huise gedwing met 'n staat van inperking vir 21 dae.

Tussen al die negatiewe vrese en onsekerheid moet ons vashou aan die positiewe en onthou dat dit slegs tydelik is. Die lewe sal weer terugkeer na normaal.

Hou asb julle familie veilig en doen die nodige voorsorg, sodat ons land so gou moontlik kan herstel. Baie sterkte aan almal.

Common Human Coronavirus Symptoms



Hand

Maskers



Kompetisie

Hiermee volg die name wat ingeskryf is vir ons nuusbrief se naam

Nou is dit jou beurt om te stem vir jou gunsteling.

Stuur die naam van jou keuse per Whatsapp of SMS na 083 792 1949.

Die naam met die meeste stemme ontvang voor 30 April sal dan die wenner wees.

- * The Voice of PCC
- * The PCC Tribune
- * Umpire
- * The PCC Chronicles
- * The PCC Star
- * The PCC Echo
- * Cliff Hanger
- * The PCC Express
- * PCC Times
- * Bollerol
- * No Shot
- * 22ste Kop/22nd Head
- * PCC Bowls Buzz
- * Vat Gras
- * Oppi-Bowl
- * PCC Bulletin
- * Dis hoe Ons rol



Photo's from the Inter-Districts



Congratulations to Ladies A
Open team with their
Bronze medal.

BASIC RULES YOU SHOULD KNOW

1. **Mat Placement:** The first to play places the mat on the centre line at least 2 metres from the ditch and up to the hog line if desired.
2. **Foot Faulting:** Before delivery a player must have one foot fully on the mat and at delivery all or part of one foot on or above the mat.
3. **Jack / Bowl Length:** A jack must travel 21 metres to be legal while a bowl must travel 14 metres to be in play.
4. **Jack Delivery:** If the jack is improperly delivered the opposition may reposition the mat and deliver the jack but not play first. If the jack is delivered improperly by both leads the jack is placed at the 2 metre mark and the first to play may reposition the mat.
5. **Touchers:** Only the delivered bowl may be a toucher even if it deflects off other bowls before touching the jack.
6. **Position on Rink:** Players at the mat end who are not delivering a bowl should stand at least 1 metre behind the mat. Players at the head end who are not controlling play should stand behind the jack.
7. **Playing Wrong Bowl:** Replace with correct bowl
8. **Playing out of Turn:** Opposition skip has choice:
 - a) may stop the bowl,
 - b) leave it and have two bowls played to restore proper sequence,
 - c) reset disturbed head and restore proper sequence,
 - d) leave disturbed head and play two bowls or
 - e) declare dead end.
9. **Bowl & Jack Displacement:** Numerous scenarios can arise. The opposition skip and skips have options. The options depend upon the cause and timing of the displacement. Refer to Umpire.
10. **Rink Possession:** Possession of the rink belongs to the player or team whose bowl is being played.
11. **Determining score:** Bowls should not be moved until the number of shots has been agreed upon by the vice or skip.
12. **Objects on the green:** No objects should be placed on the bank, the green or in the ditch to help a player.
13. **Game stoppage:** If a game has been stop for a valid reason and all bowls have not been played, the end is declared dead.

NW U/20's

A - Team

JD (PCC), Nadene (PCC), Marne (Parys),
Lezandri (PCC), David (KBC)

B - Team

Christiaan (Fochville), Claudia (PCC),
Marizaan (KBC), Celicia (PCC), Hope (KBC)

Congratulations

PCC - Club Members

JD Delport (16), Claudia Victor (19), Lezandri Hildebrand
(14), Nadene Martignone (19), Celicia Labuschagne (9)

April

Schalk Meyer	3
Pieter Kritzinger	5
Werner Hildebrand	6
Marina Wolvaard	9
Hetti de Beer	10
Michael Laubscher	12
Schalk Raath	12
Nakkie Roesch	15
Dirk Coetzee	20
Francois Senekal	29
Willie Struwig	30

May

Herman Earle	2
Werner Bruhns	4
Anne-Marie Victor	16
Cora Hoek	24

All New

Mielieiland

9 - 11 Oktober 2020
Potchefstroom

Totale Prysgeld * R26 700 * Total Prices

FORMAAT: Enige Ope vierspel
56 spanne

ALLEENLIK IN POTCHEFSTROOM

GESPEEL

INSKRYWINGSFOOI: R1,800 per spanne
Sluit in Ontbyt & Middagete op Vrydag
en Saterdag
Saterdag aand kuier by PCC

Inskrywingsvorm is hierby aangegeg,
maak asb meer kopieë soos benodig.

ONTHOU: Inskrywings sluit 30 Augustus
2020 (inskrywings slegs aanvaar met
bewys van betaling met verwysing van u
span naam)

FORMAT: Any Open fours
56 teams

ONLY PLAYED IN POTCHEFSTROOM

ENTRY FEE: R1,800 per team
Includes Breakfast and lunch on Friday
and Saturday.
Saturday evening party at PCC

Entry form is attached hereto. Please
duplicate as needed

REMINDER: Deadline for entries 30
August 2020 (Entries only accepted with
proof of payment with your team name
as reference)

Kontak / Contact:
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Aand van Lekker Rol en Kuier

St. Patrick's Day

Rules of etiquette for lawn bowling

- Continue
- ♦ Be a gracious winner and a good loser.
- ♦ The plinth area of the green is fragile and should be treated with care. This includes, but is not limited to, wearing proper footwear, not dropping or tossing bowls on the green, and not spitting or pouring liquids (water, coffee, etc.) on the green.
- ♦ Punctuality for all games is a courtesy to the other players.
- ♦ While standing at the head end waiting for the player on the mat to bowl, stand between the markers so the bowler can see and use the markers to aim.

- ♦ Generally, the vice or skip at the head will signal the bowler on the mat the position of bowls in the head using hand signals denoting for and against.
- ♦ Bowlers not raking the bowls after an end should assist by kicking the bowls into an approximate line, thus making raking easier and faster.
- ♦ Players at the head end should be ready to stop deflected bowls from crossing into the adjacent rink and interfering with neighbouring games; likewise, be alert to prevent bowls from adjacent rinks from messing up your own head. Pay attention!
- ♦ No rules prohibit bowlers running after their bowl (enthusiasm nor

youthful fitness is discouraged) but you must try to arrive at the head before your bowl stops. Some clubs consider following your bowl up the green poor etiquette.

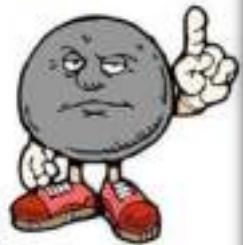
- ♦ One minute between the time when the opponent's bowl stops and the next bowler delivers his/her bowl should be sufficient. When there is clear violation, an umpire or club official who is notified should take action.
- ♦ All bowlers are urged to have chalk and a measuring tape when bowling so that bowls that touch the jack can be immediately marked and, if necessary at the finish of an end, measuring can be undertaken without delay.



April							May						
Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4						1	2
5 NW Open Mix Pairs	6	7	8	9	10	11	3	4	5	6	7	8	9
12	13	14	15 PCC Senior Pare	16 PCC Senior Pare	17	18 NW Open Mix Pairs	19	20	21	22 PCC Senior Pare	23 PCC Senior Pare	24	25 Bethlehem Borgdag
19 NW Open Mix Pairs	20	21	22 PCC Senior Pare	23 PCC Senior Pare	24	25	17 Bethlehem Borgdag	18 Close NW Open Singles	19	20 PCC Senior Singles	21	22	23 PCC Open Pairs
26 Potch Dorp Borgdag	27	28	29	30			24	25	26	27	28 Fochville Manne dag	29	30 PCC Open Pairs
							31						

Did you KNOW Bowling...

- Burns roughly 240 calories an hour.
- Improves heart and respiratory fitness.
- Strengthens and conditions your arms, shoulder, chest and leg muscles.
- Increases endurance while maintaining bone density.
- Speeds up your metabolism.
- Utilizes 134 muscles when using a basic four-step approach.
- An average bowler walks an average of 60 feet per turn or about 6/10 of a mile in a three-game series.
- Is a lifetime sport. It is one of the few sports that allows you to compete at a high level at an older age.
- The social aspect helps improve your mental outlook.
- Provides an exercise option for those with physical limitations.



L A W N
B O W L S

Dankie vir die lees van hierdie uitgawe

Ons luister graag Wat wil jul graag in die maandelikse nuusbrief lees en sien?

Vir voorstelle kommunikeer asb met enige van die onderstaande kommitee lede

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